



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
1		00:10:40	3025	Funke, Tobias		TV 1860 Erkelenz	1988	1	MJugA	03:20,0
2		00:10:48	2821	Fischermann, René		TV 1860 Erkelenz	1986	1	MHK	03:22,5
3		00:11:23	3158	Schäfer, Martin		LC Phönix Geilenkirchen	1990	1	MJugB	03:33,4
4		00:11:50	3160	Engel, Alexander		TV 1860 Erkelenz	1989	2	MJugA	03:41,8
5		00:11:50	2971	Vieten, Christian		TV 1860 Erkelenz	1991	2	MJugB	03:41,8
6		00:12:19	2374	Schopen, Marcus		VfR Granterath	1992	3	MJugB	03:50,9
7		00:12:21	2629	Krüger, Dirk		Erkelenz	1974	1	M30	03:51,5
8		00:12:45	2867	Gawenda, Simon		Erkelenzer TV	1995	4	MJugB	03:59,0
1	W	00:12:47	2452	Kostrzewa, Florence		Hückelhoven	1976	1	W30	03:59,6
9		00:12:57	3140	Masjosthusmann, Gerd		Erkelenz	1962	1	M45	04:02,8
2	W	00:13:11	2292	Goebels, Alexa		Intersport Voswinkel	1971	1	W35	04:07,1
10		00:13:24	3129	Stanley, Paul		OSC Waldniel	1960	2	M45	04:11,2
11		00:13:38	3157	Shih, James		Geilenkirchen	1988	3	MJugA	04:15,6
12		00:13:38	3168	Neuhoff, Rolf		LT MG-Volksgarten	1950	1	M55	04:15,6
13		00:13:39	2985	Heller, Lukas		Mönchengladbach	1994	5	MJugB	04:15,9
3	W	00:13:43	2964	Kappenhagen, Angelika		TuS Oedt	1957	1	W50	04:17,1
14		00:13:51	3154	Hlavsa, Willi		Wassenberg	1955	1	M50	04:19,6
15		00:14:02	2613	Reitinger, Stephan		SC Myhl LA	1966	1	M40	04:23,1
16		00:14:07	2851	Tahmaz, Kerem		Erkelenz	1997	6	MJugB	04:24,6
17		00:14:09	2962	Bayer, Filip		Erkelenz	1994	7	MJugB	04:25,3
18		00:14:18	2616	Sieben, Harald		ohne	1965	2	M40	04:28,1
19		00:14:19	2742	Settels, Wallter		SC Myhl LA	1952	2	M55	04:28,4
20		00:14:35	2438	Langner, Lauritz		TV 1860 Erkelenz	1996	8	MJugB	04:33,4
21		00:14:36	2196	Langner, Marianus		Erkelenz	1963	3	M40	04:33,7
22		00:14:46	2974	Hermanns, Bernd		Erkelenz	1973	2	M30	04:36,8
4	W	00:14:47	2967	Feuster, Danielle		Grevenbroich	1994	1	WJugB	04:37,1
23		00:14:54	57	Kreitmayr, Wolfgang		BV Union Krefeld	1961	3	M45	04:39,3
5	W	00:14:57	2731	Mülders, Ursula		LAZ Mönchengladbach	1959	1	W45	04:40,3
6	W	00:15:15	2644	Klein, Sarah		OSC Waldniel	1991	2	WJugB	04:45,9
24		00:15:25	2953	Gileßen, Gottfried		DJK Gillrath	1957	2	M50	04:49,0
25		00:15:39	1	Rahn, Holger		Bracheln	1975	3	M30	04:53,4
26		00:15:42	3109	Hoer, Guido		Duisburg	1972	1	M35	04:54,3
7	W	00:15:42	2478	Bommes, Silke		LAZ Mönchengladbach	1974	2	W30	04:54,3
8	W	00:15:45	2968	Holzapfel, Diana		Erkelenz	1962	2	W45	04:55,3
27		00:15:46	87	Schöngen, Damian		LG Oberbruch Dremmen	1995	9	MJugB	04:55,6
28		00:16:06	2988	Lüttke, Wolfgang		Hückelhoven	1966	4	M40	05:01,8
29		00:16:06	2351	Brauer, Robby		DJK Wassenberg	1970	2	M35	05:01,8
30		00:16:19	2547	Ezilius, Johannes		VfR Unterbruch LG	1991	10	MJugB	05:05,9
9	W	00:16:19	2979	Krüger, Monika		Erkelenz	1965	1	W40	05:05,9
10	W	00:16:21	2992	Winkels, Julia		SC Myhl LA	1997	3	WJugB	05:06,5
31		00:16:23	2989	Winkels, Klaus		SC Myhl LA	1965	5	M40	05:07,1
32		00:16:26	2921	Heinze, Andreas		Mönchengladbach	1974	4	M30	05:08,1
11	W	00:16:26	3015	Krüger, Helena		Erkelenz	1997	4	WJugB	05:08,1
33		00:16:34	2503	Goebels, Lambert		Erkelenz	1950	3	M55	05:10,6
34		00:16:39	2925	Becker, Hans-Georg		Aachen	1950	4	M55	05:12,1
12	W	00:16:40	2611	Reitinger, Christina		SC Myhl LA	1999	5	WJugB	05:12,5
35		00:16:42	3150	Winkler, Manfred		Heinsberg	1956	3	M50	05:13,1
13	W	00:16:46	2856	Zirden, Birgitt		SFC Erkelenz	1963	2	W40	05:14,3
14	W	00:16:50	3014	Esser, Hannah		TuS Jahn Hilfarth	1997	6	WJugB	05:15,6
36		00:16:53	2388	Böhme, Rene		Mönchengladbach	1986	2	MHK	05:16,5
15	W	00:17:00	3013	Melzner, Jana		TuS Jahn Hilfarth	1997	7	WJugB	05:18,7
16	W	00:17:04	2813	Görtz, Laura		Hetzerath	1989	1	WJugA	05:20,0
37		00:17:07	3164	Goidek, Manfred		Erkelenz	1967	6	M40	05:20,9
17	W	00:17:09	2492	Döll, Katrin		BSG KSK Heinsberg	1985	1	WHK	05:21,5
38		00:17:18	2839	Dümmen, Friedhelm		SFC Erkelenz	1933	1	M70	05:24,3
39		00:17:19	2943	Claßen, Kenni		Erkelenz	1995	11	MJugB	05:24,6
18	W	00:17:20	2493	Knur, Kathrin		BSG KSK Heinsberg	1987	2	WHK	05:25,0
19	W	00:17:26	2166	Bodens, Dagmar		TV 1860 Erkelenz	1968	2	W35	05:26,8



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
40		00:17:34	2994	Goidek, Bruno		Hückelhoven	1948	5	M55	05:29,3
41		00:17:39	3137	Ruhrmann, Thomas		Erkelenz	1965	7	M40	05:30,9
42		00:17:40	3012	Kirsch, Friedbert		VfR Unterbruch LG	1970	3	M35	05:31,2
43		00:17:42	2298	Kunze, Néstor		Erkelenz	1964	8	M40	05:31,8
20	W	00:17:43	2741	Settels, Karla		SC Myhl LA	1953	2	W50	05:32,1
21	W	00:17:59	2809	Giesen, Andrea		VSV Grenzland Wegberg	1966	3	W40	05:37,1
44		00:17:59	3005	Mertens, Alexander		Aachen	1964	9	M40	05:37,1
45		00:18:01	3144	Vehling, Hans		Mönchengladbach	1945	1	M60	05:37,8
46		00:18:03	3177	Lorenz, Gunter		Mönchengladbach	1950	6	M55	05:38,4
22	W	00:18:04	3151	Bröxkes, Vera		Wegberg	1972	3	W35	05:38,7
47		00:18:05	2811	Reiners, Heinz Josef		Erkelenz	1959	4	M45	05:39,0
23	W	00:18:06	3136	Ruhrmann, Giuliana		Erkelenz	1995	8	WJugB	05:39,3
24	W	00:18:08	2871	Dobler, Anna		Düsseldorf	1997	9	WJugB	05:40,0
25	W	00:18:09	3010	Meuser, Grit		TuS Jahn Hilfarth	1999	10	WJugB	05:40,3
26	W	00:18:20	2386	Körfer, Anja		Mönchengladbach	1968	4	W35	05:43,7
48		00:18:27	2965	Niessen, Christian		Erkelenz	1974	5	M30	05:45,9
27	W	00:18:29	2612	Reitinger, Monika		SC Myhl LA	1969	5	W35	05:46,5
49		00:18:33	2630	Surbe, Lutz		Erkelenz	1961	5	M45	05:47,8
28	W	00:18:35	2920	Dienhof, Ann-Cathrin		TuS Jahn Hilfarth	2000	11	WJugB	05:48,4
29	W	00:18:35	2631	Surbe, Kerstin		Erkelenz	1963	4	W40	05:48,4
50		00:18:39	3152	Schulze-Rautenberg, Fe		TV Pongs	1991	12	MJugB	05:49,6
51		00:18:41	2695	Blaeser, Jonah		Erkelenz	1997	13	MJugB	05:50,3
52		00:18:42	2694	Blaeser, Dr. Achim		Wassenberg	1969	4	M35	05:50,6
30	W	00:18:49	2975	Hermanns, Claudia		Erkelenz	1978	3	WHK	05:52,8
31	W	00:18:56	2855	Unger, Claudia		Düsseldorf	1970	6	W35	05:55,0
53		00:19:09	2984	Heller, Niklas		Mönchengladbach	1993	14	MJugB	05:59,0
54		00:19:12	3153	Nöthlings, Christoph		TV Pongs	1991	15	MJugB	06:00,0
55		00:19:16	2942	Claßen, Wolfgang		Erkelenz	1956	4	M50	06:01,2
56		00:19:22	2949	Perlick, Reinhard		Erkelenz	1960	6	M45	06:03,1
32	W	00:19:28	2903	Luettker, Sandra		Hückelhoven	1976	3	W30	06:05,0
33	W	00:19:31	2352	Busch, Sandra		DJK Wassenberg	1971	7	W35	06:05,9
34	W	00:19:44	1745	Jansen, Sonja		ohne	1976	4	W30	06:10,0
57		00:19:54	41	Dienhof, Ralf		TuS Jahn Hilfarth	1966	10	M40	06:13,1
58		00:20:30	3016	Thedt, Michael		Alemannia Aachen	1963	11	M40	06:24,3
35	W	00:20:32	2500	Erkens, Eva		DJK Wassenberg	1994	12	WJugB	06:25,0
36	W	00:20:32	2353	Busch, Mandy		DJK Wassenberg	1995	13	WJugB	06:25,0
59		00:20:57	2995	Winzen, Peter		Hückelhoven	1995	16	MJugB	06:32,8
60		00:21:01	8	Schmidt-Dobrowolny, J		Erkelenz	1983	3	MHK	06:34,0
61		00:21:01	10	Schmidt-Dobrowolny, P		Erkelenz	1981	4	MHK	06:34,0
37	W	00:21:05	2993	Goidek, Rita		Hückelhoven	1961	3	W45	06:35,3
38	W	00:21:05	9	Steinfort, Simone		Neuss	1980	4	WHK	06:35,3
39	W	00:21:18	3138	Ruhrmann, Birgit		Erkelenz	1994	14	WJugB	06:39,3
62		00:21:33	2708	Helpenstein, Christian		VB Erkelenz	1980	5	MHK	06:44,0
40	W	00:22:04	2276	Küppers, Beate		VHS Heinsberg	1969	8	W35	06:53,7
41	W	00:22:05	2275	Miazek, Anette		VHS Heinsberg	1966	5	W40	06:54,0
42	W	00:22:17	2297	Deckenhoff, Larissa		Erkelenz	1991	15	WJugB	06:57,8
43	W	00:22:21	1270	Pawlowski, Sonja		ohne	1972	9	W35	06:59,0
44	W	00:22:43	2272	Dolenz, Susanne		VHS Heinsberg	1964	6	W40	07:05,9
45	W	00:22:44	2274	Twardowski, Kerstin		VHS Heinsberg	1966	7	W40	07:06,2
46	W	00:22:48	2078	Moll, Karin		Viersener TV 1848	1961	4	W45	07:07,5
47	W	00:22:57	2271	Thißen, Claudia		VHS Heinsberg	1963	8	W40	07:10,3
48	W	00:23:19	2277	Ginter, Annelie		VHS Heinsberg	1967	9	W40	07:17,1
63		00:23:23	2387	Sinnwell, Markus		Mönchengladbach	1976	6	M30	07:18,4
64		00:23:26	3183	Kessler, Michael		Übach-Palenberg	1994	17	MJugB	07:19,3
65		00:23:26	3182	Häusler, Jan Frédéric		Geilenkirchen	1995	18	MJugB	07:19,3
49	W	00:24:42	2864	Kalks, Alice		Erkelenz	1972	10	W35	07:43,1
50	W	00:25:07	2270	Eggers, Stephanie		VHS Heinsberg	1966	10	W40	07:50,9
51	W	00:25:07	2273	Facklam, Brigitte		VHS Heinsberg	1952	1	W55	07:50,9

west-Energie City-Lauf



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3.2 KM

So.17. Juni 2007

TV 1860 Erkelenz

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	PAK	AK	Min/KM
52	W	00:25:08	2278	Coenen, Elke		VHS Heinsberg	1956	3	W50	07:51,2